

be different be blessed

Message Title: **The Forgotten Fast**

Matthew 6:16-18 | Sunday AM, June 21st, 2020 | Pastor Jack Lamb

16 Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. **17** But you, when you fast, anoint your head and wash your face, **18** so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Introduction

1. Should We Fast?

2. How Should We Fast?

3. When Should We Fast?

For Progress in _____

For _____ to be Heard

For _____ to be Stayed

For Purposes to be _____
